



June Club Newsletter – Ashley Rudd

While summer may have been slow to arrive, it certainly hasn't slowed us down. The past month has been full of activity, from successful test passes, welcoming new members, to a fantastic week away in Wales. As we move into the heart of the riding season, there's plenty to look forward to and lots of opportunities to get involved.

Club Sunday – 7th June

It was great to see so many members and guests at Club Sunday. It's always a great opportunity to catch up, share experiences, refresh your advanced riding knowledge and enjoy time together as a club. Whether you're currently training, thinking of joining or simply want to enjoy a chat and social ride, everyone is welcome.

Celebrating Success

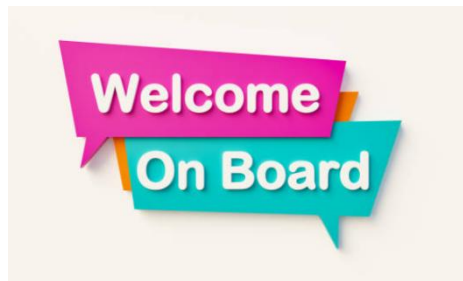
Congratulations to Steve and Jes who achieved their test passes in May—an excellent accomplishment and a reflection of your commitment and dedication to improving your riding.

Well done to everyone involved, including our Observers who continue to provide outstanding support and guidance.



A warm welcome to new CAM members

- ✓ Steve Law
- ✓ Nick Lomax
- ✓ Jez Pile
- ✓ Lee Edwards



CAM Week Away – Wales

A big thank you to Graham for organising this year's CAM week away. Wales once again delivered fantastic riding roads, stunning scenery, and great company. These trips are a highlight of the club calendar and a brilliant way to build friendships while enjoying some of the best roads the UK has to offer.



Wales – May 2026



Club Development – Committee Roles

Following a recent review, we are expanding the committee and introducing two new roles to support the continued growth and smooth running of the club.

Social Media Coordinator

Oversee CAM's online presence and connect with new audiences. Develop social media strategy, create content, promote events. Manage online communities and ensure secure, effective platforms.

Marketing & Events Coordinator

Raise CAM's profile and attract new associates. Lead campaigns and support local event presence. Create promotional content and improve outreach using insights.

If you would like to play a more active role in CAM and help shape its future, we would be very pleased to hear from you. Please get in touch with a committee member for more information.

Upcoming Events

Mid-Month Ride – 21st June

Led by Stephen Weald

Join us for our mid-month ride—always a great opportunity to explore new routes and enjoy a relaxed, well-organised group ride. Stephen has a cracking route for you, so don't miss out.

Coast, Country & Curves

- ✓ Start Cornwall Services 9am;
9.30 depart.
1st stop Crackington Haven (1hr)
 - ✓ Lunch at Crooklets Beach Café,
Bude (table reserved and
parking sorted)
 - ✓ Final leg is down via Bodmin to
Services
- Expected finish time 3pm
110 miles



The Annual PAM-CAM get-together

PAM/CAM BBQ
Sunday 5th July



*Please note this replaces the July Open Club Sunday

More details will follow once PAM confirm the route and destinations.

We are pleased to confirm that CAM will have a stand at:

The Stithians Show – Monday 13th July

Wadebridge Wheels – Sunday 20th July

These are fantastic local events and a great opportunity to promote the club, meet other enthusiasts and showcase what we do.

If you're able to pop by and say hello - we'd really appreciate your support.



Club Sunday 2nd August

Meet at Ladock Hall 9.30 for 10am meeting.
10.30am we head for Damerells to practice some slow manoeuvre riding skills.



CAMs AGM

Our AGM will be held at Ladock Hall on Sunday 4th October starting at 10am. More details will follow closer to the date. (This replaces the usual Club Sunday)

Evening Summer Rides

With longer days and (hopefully!) warmer dryer weather, it's the perfect time to enjoy an evening ride. Thank you Lofty for kick-starting the chippy run.

However, we're looking for members to:

- Suggest routes
- Recommend great stop-offs (especially fish & chip favourites!)
- Volunteer to lead relaxed, social rides

👉 If you're interested, please contact Lofty at: theloftybiker@gmail.com

CAM's Young Rider Scheme

I wrote to you last week regarding the "Young Rider Scheme". Please consider making a gift or leaving a legacy to Cornwall Advanced Motorcyclists, helping us provide free advanced training for riders under 30 and ultimately saving young lives on our roads in Cornwall.





Advanced Riding Focus – Overtaking

This month, we focused on the topic of overtaking and applying IPSGA principles:

Information

- Look as far ahead as possible for hazards
- Check road signs, markings, junctions, buildings and entrances
- Be alert to gaps in hedges (possible hidden access)
- Continuously assess available space
- If unsure, delay and reassess

Positioning

- Maintain a safe distance from the vehicle being overtaken
- Consider road width and conditions
- Be cautious of parked vehicles and vulnerable road users
- If in doubt, hold back

Speed

- Match speed before initiating the overtake
- Adjust speed to complete the manoeuvre within clear road space
- Always remain within the speed limit
- Adjust speed when returning to avoid affecting others

Gear

- Select a gear that is responsive and flexible
- Avoid engine strain or over-revving
- Choose a gear suitable for the entire manoeuvre
- Avoid changing gear while alongside another vehicle

Acceleration

- Apply smooth, progressive acceleration
- Complete the manoeuvre efficiently
- Minimise time spent overtaking
- Stay within legal speed limits

From our group discussions the following key learnings were shared:

- Further extend forward observation
- Always identify a safe return gap early
- Be cautious when overtaking multiple vehicles
- Exercise restraint—not every opportunity should be taken
- Minimise time in the overtaking position
- Avoid pressuring or intimidating other road users
- Maintain effective, but legal speed control
- Assess road surface and environmental conditions
- Be alert to distracted or unpredictable drivers
- Aim for an effective speed differential (approximately 20%)

A clear but controlled speed advantage helps ensure the overtake is completed efficiently and safely.

Summary:

Advanced overtaking is not about speed—it is about planning, observation, discipline, and making well-judged decisions at the right time.

Final Word

CAM continues to thrive thanks to the enthusiasm and involvement of its members. Whether you're progressing through training, are a long-standing member, or support the club behind the scenes, every contribution matters. This month, I'd especially like to thank Mike Shone, who arrives well before Club Sunday begins to prepare the food and stays long after everyone has left to tidy up. His efforts are greatly appreciated by all.

Please note we will not be holding a Club Sunday on 5th July. Instead, we'll be joining our colleagues (PAM) across the Tamar for a get-together, ride and BBQ.

Ashley Rudd - Chair